

GLANMORE FOODS - SCHOOL MENU



LUNCH
PLEASE TICK ONE PER DAY - SANDWICH/ROLL AND FILLING OR TICK ALTERNATIVE ITEM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SANDWICH/ROLL	SANDWICH/ROLL	SANDWICH/ROLL	SANDWICH/ROLL	SANDWICH/ROLL
Healthy White <input type="checkbox"/>	Healthy White <input type="checkbox"/>	Healthy White <input type="checkbox"/>	Healthy White <input type="checkbox"/>	Healthy White <input type="checkbox"/>
100% Wholemeal <input type="checkbox"/>	100% Wholemeal <input type="checkbox"/>	100% Wholemeal <input type="checkbox"/>	100% Wholemeal <input type="checkbox"/>	100% Wholemeal <input type="checkbox"/>
Hi-Fibre Soft White Roll <input type="checkbox"/>	Hi-Fibre Soft White Roll <input type="checkbox"/>	Hi-Fibre Soft White Roll <input type="checkbox"/>	Hi-Fibre Soft White Roll <input type="checkbox"/>	Hi-Fibre Soft White Roll <input type="checkbox"/>
Demi-baguette <input type="checkbox"/>	Demi-baguette <input type="checkbox"/>	Demi-baguette <input type="checkbox"/>	Demi-baguette <input type="checkbox"/>	Demi-baguette <input type="checkbox"/>
Farmhouse Brown <input type="checkbox"/>	Farmhouse Brown <input type="checkbox"/>	Farmhouse Brown <input type="checkbox"/>	Farmhouse Brown <input type="checkbox"/>	Farmhouse Brown <input type="checkbox"/>
No Dairy Spread <input type="checkbox"/>	No Dairy Spread <input type="checkbox"/>	No Dairy Spread <input type="checkbox"/>	No Dairy Spread <input type="checkbox"/>	No Dairy Spread <input type="checkbox"/>
Choose 1 Filling only	Choose 1 Filling only	Choose 1 Filling only	Choose 1 Filling only	Choose 1 Filling only
Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>
Cheddar Cheese <input type="checkbox"/>	Cheddar Cheese <input type="checkbox"/>	Cheddar Cheese <input type="checkbox"/>	Cheddar Cheese <input type="checkbox"/>	Cheddar Cheese <input type="checkbox"/>
Chicken Breast <input type="checkbox"/>	Chicken Breast <input type="checkbox"/>	Chicken Breast <input type="checkbox"/>	Chicken Breast <input type="checkbox"/>	Chicken Breast <input type="checkbox"/>
Turkey Slice <input type="checkbox"/>	Turkey Slice <input type="checkbox"/>	Turkey Slice <input type="checkbox"/>	Turkey Slice <input type="checkbox"/>	Turkey Slice <input type="checkbox"/>
Tuna & Mayo <input type="checkbox"/>	Tuna & Mayo <input type="checkbox"/>	Tuna & Mayo <input type="checkbox"/>	Tuna & Mayo <input type="checkbox"/>	Tuna & Mayo <input type="checkbox"/>
Jam <input type="checkbox"/>	Jam <input type="checkbox"/>	Jam <input type="checkbox"/>	Jam <input type="checkbox"/>	Jam <input type="checkbox"/>
Egg Mayo <input type="checkbox"/>	Egg Mayo <input type="checkbox"/>	Egg Mayo <input type="checkbox"/>	Egg Mayo <input type="checkbox"/>	Egg Mayo <input type="checkbox"/>
Corned Beef <input type="checkbox"/>	Corned Beef <input type="checkbox"/>	Corned Beef <input type="checkbox"/>	Corned Beef <input type="checkbox"/>	Corned Beef <input type="checkbox"/>
No Filling <input type="checkbox"/>	No Filling <input type="checkbox"/>	No Filling <input type="checkbox"/>	No Filling <input type="checkbox"/>	No Filling <input type="checkbox"/>
OR Choose 1 item below	OR Choose 1 item below	OR Choose 1 item below	OR Choose 1 item below	OR Choose 1 item below
Cracker & Soft Cheese <input type="checkbox"/>	Cracker & Soft Cheese <input type="checkbox"/>	Cracker & Soft Cheese <input type="checkbox"/>	Cracker & Soft Cheese <input type="checkbox"/>	Cracker & Soft Cheese <input type="checkbox"/>
Pasta Bolognese <input type="checkbox"/>	Tuna & Sweetcorn Bap <input type="checkbox"/>	Pasta Bolognese <input type="checkbox"/>	Tuna & Sweetcorn Bap <input type="checkbox"/>	Pasta Bolognese <input type="checkbox"/>
Curried Rice <input type="checkbox"/>	Ham & Cheese Bap <input type="checkbox"/>	Curried Rice <input type="checkbox"/>	Ham & Cheese Bap <input type="checkbox"/>	Curried Rice <input type="checkbox"/>
Plain Pasta <input type="checkbox"/>	Chicken & Stuffing Bap <input type="checkbox"/>	Plain Pasta <input type="checkbox"/>	Chicken & Stuffing Bap <input type="checkbox"/>	Plain Pasta <input type="checkbox"/>
	No Dairy Spread <input type="checkbox"/>		No Dairy Spread <input type="checkbox"/>	

PLEASE ADD DRINK, TICK ONE BOX ONLY PER DAY

Mineral Water 250ml <input type="checkbox"/>	Mineral Water 250ml <input type="checkbox"/>	Mineral Water 250ml <input type="checkbox"/>	Mineral Water 250ml <input type="checkbox"/>	Mineral Water 250ml <input type="checkbox"/>
None <input type="checkbox"/>	None <input type="checkbox"/>	None <input type="checkbox"/>	None <input type="checkbox"/>	None <input type="checkbox"/>

PLEASE ADD FRUIT, TICK ONE BOX ONLY PER DAY

Apple <input type="checkbox"/>	Apple <input type="checkbox"/>	Apple <input type="checkbox"/>	Apple <input type="checkbox"/>	Apple <input type="checkbox"/>
Satsuma <input type="checkbox"/>	Satsuma <input type="checkbox"/>	Satsuma <input type="checkbox"/>	Satsuma <input type="checkbox"/>	Satsuma <input type="checkbox"/>
Banana <input type="checkbox"/>	Banana <input type="checkbox"/>	Banana <input type="checkbox"/>	Banana <input type="checkbox"/>	Banana <input type="checkbox"/>
Cereal Bar <input type="checkbox"/>	Seedless Grapes <input type="checkbox"/>	Sliced Peppers <input type="checkbox"/>	Seedless Grapes <input type="checkbox"/>	Seasonal Fruit Pot <input type="checkbox"/>
Sliced Apple Pack <input type="checkbox"/>	Sliced Apple Pack <input type="checkbox"/>	Sliced Apple Pack <input type="checkbox"/>	Carrot Sticks <input type="checkbox"/>	Sliced Apple Pack <input type="checkbox"/>
Petit Filous <input type="checkbox"/>	Petit Filous <input type="checkbox"/>	Petit Filous <input type="checkbox"/>	Petit Filous <input type="checkbox"/>	Chocolate Rice Cake <input type="checkbox"/>
None <input type="checkbox"/>	None <input type="checkbox"/>	None <input type="checkbox"/>	None <input type="checkbox"/>	None <input type="checkbox"/>