

GLANMORE FOODS - SCHOOL MENU



MORNING SNACK

SECTION (A) MORNING SNACK:
PLEASE TICK ONE BOX ONLY PER DAY

LUNCH

SECTION B LUNCH: PLEASE TICK ONE PER DAY - SANDWICH/ROLL
AND FILLING OR TICK ALTERNATIVE ITEM

FRUIT

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| Babybel + Raisins <input type="checkbox"/> | Buttered Plain Scone + Sliced Apple <input type="checkbox"/> | Buttered Fruit Scone + Seedless Grapes <input type="checkbox"/> | Buttered Plain Scone + Sliced Apple <input type="checkbox"/> | Yoghurt Drink + Carrot Sticks <input type="checkbox"/> |
| Jacobs Crackers + Soft Cheese <input type="checkbox"/> | Jacobs Crackers + Soft Cheese <input type="checkbox"/> | Jacobs Crackers + Soft Cheese <input type="checkbox"/> | Jacobs Crackers + Soft Cheese <input type="checkbox"/> | Jacobs Crackers + Soft Cheese <input type="checkbox"/> |
| Yoplait Petit Filous + 2 Plain Biscuits <input type="checkbox"/> | Yoplait Petit Filous + Sliced Peppers <input type="checkbox"/> | Yoplait Petit Filous + 2 Plain Biscuits <input type="checkbox"/> | Yoplait Petit Filous + Carrot Sticks <input type="checkbox"/> | Yoplait Petit Filous + 2 Plain Biscuits <input type="checkbox"/> |
| Strawberry Jelly + Frube <input type="checkbox"/> | Seedless Grapes + Oats & Honey Crunch <input type="checkbox"/> | Sliced Peppers + Oats & Honey Crunch <input type="checkbox"/> | Strawberry Jelly + Yoplait Frube <input type="checkbox"/> | Apple/Grape Slices + Chocolate Rice Cake <input type="checkbox"/> |
| Sliced Apple + Oats & Honey Crunch <input type="checkbox"/> | Orange Jelly + Yoplait Frube <input type="checkbox"/> | Pineapple Slice + Raisins <input type="checkbox"/> | Seedless Grapes + Oats & Honey Crunch <input type="checkbox"/> | Seasonal Fruit Pot + 2 Plain Biscuits <input type="checkbox"/> |
| None <input type="checkbox"/> | None <input type="checkbox"/> | None <input type="checkbox"/> | None <input type="checkbox"/> | None <input type="checkbox"/> |
| SANDWICH/ROLL | SANDWICH/ROLL | SANDWICH/ROLL | SANDWICH/ROLL | SANDWICH/ROLL |
| Healthy White <input type="checkbox"/> | Healthy White <input type="checkbox"/> | Healthy White <input type="checkbox"/> | Healthy White <input type="checkbox"/> | Healthy White <input type="checkbox"/> |
| 100% Wholemeal <input type="checkbox"/> | 100% Wholemeal <input type="checkbox"/> | 100% Wholemeal <input type="checkbox"/> | 100% Wholemeal <input type="checkbox"/> | 100% Wholemeal <input type="checkbox"/> |
| Hi-Fibre Soft White Roll <input type="checkbox"/> | Hi-Fibre Soft White Roll <input type="checkbox"/> | Hi-Fibre Soft White Roll <input type="checkbox"/> | Hi-Fibre Soft White Roll <input type="checkbox"/> | Hi-Fibre Soft White Roll <input type="checkbox"/> |
| Demi-baguette <input type="checkbox"/> | Demi-baguette <input type="checkbox"/> | Demi-baguette <input type="checkbox"/> | Demi-baguette <input type="checkbox"/> | Demi-baguette <input type="checkbox"/> |
| Farmhouse Brown <input type="checkbox"/> | Farmhouse Brown <input type="checkbox"/> | Farmhouse Brown <input type="checkbox"/> | Farmhouse Brown <input type="checkbox"/> | Farmhouse Brown <input type="checkbox"/> |
| No Dairy Spread <input type="checkbox"/> | No Dairy Spread <input type="checkbox"/> | No Dairy Spread <input type="checkbox"/> | No Dairy Spread <input type="checkbox"/> | No Dairy Spread <input type="checkbox"/> |
| Choose 1 Filling only | Choose 1 Filling only | Choose 1 Filling only | Choose 1 Filling only | Choose 1 Filling only |
| Ham <input type="checkbox"/> | Ham <input type="checkbox"/> | Ham <input type="checkbox"/> | Ham <input type="checkbox"/> | Ham <input type="checkbox"/> |
| Cheddar Cheese <input type="checkbox"/> | Cheddar Cheese <input type="checkbox"/> | Cheddar Cheese <input type="checkbox"/> | Cheddar Cheese <input type="checkbox"/> | Cheddar Cheese <input type="checkbox"/> |
| Chicken Breast <input type="checkbox"/> | Chicken Breast <input type="checkbox"/> | Chicken Breast <input type="checkbox"/> | Chicken Breast <input type="checkbox"/> | Chicken Breast <input type="checkbox"/> |
| Turkey Slice <input type="checkbox"/> | Turkey Slice <input type="checkbox"/> | Turkey Slice <input type="checkbox"/> | Turkey Slice <input type="checkbox"/> | Turkey Slice <input type="checkbox"/> |
| Tuna & Mayo <input type="checkbox"/> | Tuna & Mayo <input type="checkbox"/> | Tuna & Mayo <input type="checkbox"/> | Tuna & Mayo <input type="checkbox"/> | Tuna & Mayo <input type="checkbox"/> |
| Jam <input type="checkbox"/> | Jam <input type="checkbox"/> | Jam <input type="checkbox"/> | Jam <input type="checkbox"/> | Jam <input type="checkbox"/> |
| Egg Mayo <input type="checkbox"/> | Egg Mayo <input type="checkbox"/> | Egg Mayo <input type="checkbox"/> | Egg Mayo <input type="checkbox"/> | Egg Mayo <input type="checkbox"/> |
| Corned Beef <input type="checkbox"/> | Corned Beef <input type="checkbox"/> | Corned Beef <input type="checkbox"/> | Corned Beef <input type="checkbox"/> | Corned Beef <input type="checkbox"/> |
| No Filling <input type="checkbox"/> | No Filling <input type="checkbox"/> | No Filling <input type="checkbox"/> | No Filling <input type="checkbox"/> | No Filling <input type="checkbox"/> |
| OR Choose 1 item below | OR Choose 1 item below | OR Choose 1 item below | OR Choose 1 item below | OR Choose 1 item below |
| Cracker & Soft Cheese <input type="checkbox"/> | Cracker & Soft Cheese <input type="checkbox"/> | Cracker & Soft Cheese <input type="checkbox"/> | Cracker & Soft Cheese <input type="checkbox"/> | Cracker & Soft Cheese <input type="checkbox"/> |
| Pasta Bolognese <input type="checkbox"/> | Tuna & Sweetcorn Bap <input type="checkbox"/> | Pasta Bolognese <input type="checkbox"/> | Tuna & Sweetcorn Bap <input type="checkbox"/> | Pasta Bolognese <input type="checkbox"/> |
| Curried Rice <input type="checkbox"/> | Ham & Cheese Bap <input type="checkbox"/> | Curried Rice <input type="checkbox"/> | Ham & Cheese Bap <input type="checkbox"/> | Curried Rice <input type="checkbox"/> |
| Plain Pasta <input type="checkbox"/> | Chicken & Stuffing Bap <input type="checkbox"/> | Plain Pasta <input type="checkbox"/> | Chicken & Stuffing Bap <input type="checkbox"/> | Plain Pasta <input type="checkbox"/> |
| | No Dairy Spread <input type="checkbox"/> | | No Dairy Spread <input type="checkbox"/> | |

PLEASE ADD DRINK, TICK ONE BOX ONLY PER DAY

| | | | | |
|--|--|--|--|--|
| Mineral Water 250ml <input type="checkbox"/> | Mineral Water 250ml <input type="checkbox"/> | Mineral Water 250ml <input type="checkbox"/> | Mineral Water 250ml <input type="checkbox"/> | Mineral Water 250ml <input type="checkbox"/> |
| | | | | |
| None <input type="checkbox"/> | None <input type="checkbox"/> | None <input type="checkbox"/> | None <input type="checkbox"/> | None <input type="checkbox"/> |

PLEASE ADD FRUIT, TICK ONE BOX ONLY PER DAY

| | | | | |
|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| Apple <input type="checkbox"/> | Apple <input type="checkbox"/> | Apple <input type="checkbox"/> | Apple <input type="checkbox"/> | Apple <input type="checkbox"/> |
| Satsuma <input type="checkbox"/> | Satsuma <input type="checkbox"/> | Satsuma <input type="checkbox"/> | Satsuma <input type="checkbox"/> | Satsuma <input type="checkbox"/> |
| Banana <input type="checkbox"/> | Banana <input type="checkbox"/> | Banana <input type="checkbox"/> | Banana <input type="checkbox"/> | Banana <input type="checkbox"/> |
| None <input type="checkbox"/> | None <input type="checkbox"/> | None <input type="checkbox"/> | None <input type="checkbox"/> | None <input type="checkbox"/> |